lithium decreases sodium reabsorption by the renal tubules which could lead to sodium depletion
the sugars it contains activate the sweet-taste receptors part of relationship
if concomitant use of nortriptyline hydrochloride with other serotonergic drugs, including triptans, tricyclic antidepressants, fentanyl, lithium, tramadol, buspirone, tryptophan, and st